# <u>MEAD TRACK & FIELD</u> YOUTH SUMMER CAMP

## What is Mead T&F Summer Camp All About

Mead Track & Field invites rising 4th-9th graders (current 3rd-8th) to come learn the fundamentals of track and field from Mead Track & Field Athletes, State Champions, Division 1 Track & Field athletes, and highly experienced coaches. Campers will receive a t-shirt along with other goodies!



## What Will You Do At Mead T&F Summer Camp

- Improve your speed, strength, and endurance through proper technique and training
- Have fun, eat snow cones, get medals, play games, make new friends, and enjoy being outside
- Run, throw, and jump with state champions and state record holders

### **Details**:

When: Tuesday June 17th - Friday June 20TH, 2025 10:00 AM - 12:30 PM Cost: \$150 per participant for 4 day camp

## Sign up:

Please use the link or QR code below to reserve your spot and pay for the camp. Parents will need to sign a waiver and specify the participants camp t-shirt size.



#### Camp Registration Link:

https://stvrain.revtrak.net/WS-Redirect/?wsresource=eventDetail.html%3fid%3d14 95782

For questions contact Drew White (Head Coach Mead HS Track & Field) @ white\_drew@svvsd.org